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## Brain Training for Babies: Teach Yourself

By Fergus Lowe, Brigid Lowe

Hodder & Stoughton General Division. Paperback. Book Condition: new. BRAND NEW, Brain Training for Babies: Teach Yourself, Fergus Lowe, Brigid Lowe, Kick-start your baby's progress in life with this brilliant source of games, exercises and ideas, all of which have been proven to improve your child's intellectual development. It uses cutting-edge research, delivered by an author team which includes a leading child psychologist and a mother of two, to give you unparalleled insight into the miracle of your baby's mind and what really works to enhance it (and what doesn't). There are hundreds of 'brain training' games for you to try out with your baby, boosting everything from their language to their physical development, in a book which is fun, but stress-free, and essential reading for any and every parent interested in self-development - both their own and that of their children.



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